

SELF-LOVE OF THE MAIN CHARACTER OF MIRABEL IN *ENCANTO* BY JARED BUSH AND BYRON HOWARD (2021)

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Abstract

This research is aimed to analyze the personality of Mirabel is reflected in *Encanto* (2021) and Mirabel's mental process in achieving self-love in *Encanto* (2021). The researcher applied descriptive qualitative method in analyzing *Encanto* directed by Jared Bush and Byron Howard (2021) as the objective of research. In analyzing the movie, the researcher used the theory of Adler's Individual Psychology. The result of the study shows that the personality of Mirabel is reflected in the movie as a humble person, active girl and also sociable. Mirabel's mental process in achieving self-love influenced by some factors there are feelings of inferiority, fictional finalism, style of life, creative self, and striving for superiority.

Keywords: Personality, Individual Psychology, Encanto

Introduction

Everyone has a personality as the characteristic of an individual. Personality is the way people thinking, feeling and behaving. Allport (1961) stated that personality is the dynamic organization within the individual of those psychophysical systems that determine his or her characteristics behavior and thought. In Social Learning Theory, Bandura (1977) have mentioned that a person's characters are developed through both nature (genetic, by birth) and nurture (environment). The environment influences the development of human personalities. It depends on how people interpreting and responding to their environment.

According to Adler in the theory of the practice and theory of individual psychology stated that how an individual develops is unique, creative, and dependent on the subjective interpretations the person gives to life (Henry Stein, 1998: 4). The primary goal of all human

behavior is self-perfection. The main motives of human thought and behavior are individual's striving for superiority and power, partly to overcome the feeling of inferiority. Some factors may influence in achieving the superiority such as fictional finalism, social interest, style of life, and creative self. Those factors are interacted with each other for striving the final goal of an individual.

As a psychological aspect, personality development can be found in a literary works such as movies. Psychology researches human's life and behavior, while literature depicts human behavior through the characters in the literary work. Both of them are interrelated and mutually beneficial, in the form of evaluation of a literary work with the resources of psychology and obtaining psychological truths from a literary work. According to Academic Ismet Emre (2006, p. III), mentioned that there is no other branch of science which is involved a lot in the study of the relationship between human body and soul beside psychology and literature, with its contradictions and dilemmas. So, to interpret the literary works, the researcher uses a psychological method in the study.

The researcher interested in analyzing *Encanto* film produced by Jared Bush and Byron Howard is because it contains the personality of Mirabel in the process of achieving self-love. The researcher chooses the main character "Mirabel" as the object of the analysis. In this study, the researcher used the theory of Alfred Adler's Individual Psychology.

Literary Review

1. *Psychology of Literature*

The correlation between psychology and literature explained by Wellek and Warren that the psychological study of the writer, as type and as individual, or the study of the creative process, or the study of the psychological types and laws present within works of literature, or, finally, the effects of literature upon its readers (audience psychology) (1963: 81). As psychology is actually related to psychoanalysis in literature, in addition to the characters, the author and the writing process, are also subjected to psychoanalytical approaches. On the other hand, psychology is only preparatory to the act of creation; and in the work itself. Psychological truth is an artistic value only if it enhances coherence and complexity- if in short, it is art (Wellek and Warren, 1963: 93).

2. Basic Concept of Individual Psychology

There are six basic concepts of individual psychology proposed by Adler:

Inferiority Feelings and Compensation

Adler (1930) mentioned that all humans being are blessed at birth with a small, weak, and inferior body. Everyone begins life as a weak and helpless child, and all human beings possess the innate will to overcome this inferiority by mastering the formidable environment. Adler further argues that feelings of inferiority begin in childhood. Adler explains that human infant goes through a long period of dependence, during which it is completely helpless and must rely on adults to survive (Adler in Hjelle and Ziegler, 1992: 142). It is shown that parents or adults have an important influence on children, because children's feelings of inferiority are often the result of parenting techniques that do not correspond to their expectations.

Fictional Finalism/Final Goal

Adler states that individuals are not always guided by reality in their actions. They are also guided by fictions, or what they believe to be true, even though these beliefs are mostly unconscious (Vaihinger, 1925). According to Adler, the final goal is a fictional creation of the individual, an imagined ideal situation of perfection, completion, or overcoming (Adler in Henry Stein, 1998: 5). According to Adler (in Cloninger 2009: 103), "the fictional finalism is a subjective experience rather than an objective reality". Even though the final goal represents a subjective, imaginary view of the future, it is what guides the person in the present.

Creative Self

Adler (Hjelle and Ziegler, 1992: 150) states that lifestyles are shaped by human creativity. In other words, each person is given the freedom to shape their own lifestyle. Adler (Feist 1985: 77) also states, "this creative power is responsible for the final goal, determines the method of striving for the goal, and contributes to the development of social interest". Based on the assumption, basically, individuals have the power to realize their desires through creative actions in their daily lives.

Style of Life

Style of life includes "not only the person's goal but also self-concept, feeling toward others, and attitude toward the world" (Feist, 1985: 74). It is also the product of the interaction of heredity, the environment, and

human creativity. It refers to how people carry out their life, how to overcome problems, and builds relationships with others.

Social Interest/Feeling Community

There are two specific aspects of Adler's *gemeinschaftsgefuehl* concept. Community feeling refers to belonging, empathy, compassion, caring, and so on. These emotional reactions lead to social interest, another important aspect of *gemeinschaftsgefuehl*. Social interest refers to actions and ideas that contribute to the public interest, such as take care of the poor and marginalized. Indeed, social interest is not only innate and achieved as a developmental process, but also innate and acquired as a developmental process. Adler's concept makes it clear that social interest must be consciously developed, not automatically generated. That's why it "has to be nourished to fruition through proper guidance and training" (Hjelle and Ziegler, 1992: 148).

String for Superiority

Adler proposed that humans try to satisfy the natural human tendency to self-mastery and competence by striving for perfection or striving for superiority (Watts, 2015). Adler believed that most people strive for superiority or success as the compensation for feelings of inferiority or weakness.

Methods

In this research, the researcher used qualitative principle as the main method in the progress of her research analysis. The researcher will use qualitative method to explain the process of analysis and the final result by applying the theory of psychoanalysis which represent the study of literature. Qualitative here will be affiliated with the theory of psychology Alfred Adler, Individual Psychology. The researcher does the personality and mental process of achieving self-love by the main character reflected in *Encanto* (2021). Furthermore, qualitative approach will be applied to exhibit the result on descriptive explanation.

Findings and Discussions

1. *The Personality of Mirabel Reflected in Encanto (2021)*

This research discusses about the personality of the main character in *Encanto* movie. The movie portrays a Colombian family with their culture that display on the costume they use and songs in every scene within the story. Mirabel as the main character, has shown many scenes of expressing her feelings by singing.

a. Humble

Mirabel as the main character is described as a humble person. She could interact with anyone around her. She also wanted to respond some children who used to annoy her with the questions about miracles.

Children : “Hey! When’s the magic Gift happen?”

Mirabel : “My cousin’s ceremony is tonight.”

Children : “What’s his Gift?”

Mirabel : “We’re gonna find out!”

Children : “What’s your Gift?”

Mirabel : “Who’s Asking?”

Children : “Us!”

(*Encanto*, 2021, 00:04:27-00:04:36)

The quotation above happened in a kitchen. At that time, Mirabel woke up cheerfully to run her day. While she was setting the plates, some children came to disturb her. She used to get many questions about her Gift, but Mirabel always found the other answer to reply it. She didn’t angry though she was troubled with the question, she still responded with pleasure.

b. Active Girl

In the story, she describes as an active girl. It can be seen in the following dialogue:

(Upbeat Music Playing)

Mirabel: “Casita, Help me out! Drawers! Floors! Doors! Let’s Go!”

This is our home

We’ve got every generation

So full of music

A rhythm of its own design

This is my family

A perfect constellation

So many stars

And everybody gets to shine,...

(*Encanto*, 2021, 00:04:46-00:05:03)

The scene took place in a house full of magic called Casita. The character of Mirabel, she was also depicted as an active girl. She has enthusiasm in doing many things although people in her

surrounding often act that she was just a trouble maker. In this quotation, Mirabel shows how her activity in a house looks like. Mirabel asks Casita to help her arrange the house. Constantly, Casita hears and will do what Mirabel ask for. She looks enjoying the job, following with the music and song.

c. Sociable

In the story, Mirabel has shown the characteristic of an extrovert person. Where she was described as a sociable person.

Children : “Wait, who’s the sister and who’s the cousin?
There are so many people! How do you keep
them all straight?”

Mirabel : “Okay, okay, okay. So many kids in our house. So,
let’s turn the sound up. You know why? I think
it’s time for a Grandkid Round-up!”

Children : “Grandkid Round-up”

(*Encanto*, 2021, 00:07:01-00:07:14)

In the quotation above, it took place in the town where some children still followed Mirabel for asking questions. Accompanied by singing, Mirabel explained each member of the family Madrigal eagerly. Mirabel’s character was sociable, so people around her felt at ease. She was able to adapt with the society, without showing her weakness.

2. *Mirabel’s Mental Process in Achieving Self-Love in Encanto (2021)*

Individual psychology is a theory about individual growth and the development of personality under the influence of feelings, social relationships, and life goals. The theory used to analyze the mental process of the main character named Mirabel in achieving superiority.

a. Feelings of Inferiority

In the process of Mirabel’s life journey, the feelings of inferiority arose when she realized that she had no gift. It also caused by the factor of environment and family.

- The Environment

The family were given a miracle with a magical candle where the miracle came from, when they were out of the darkest moment after the war. The miracle grew to the village and

house they lived in (Casita). Then when the children came of age, the miracle blessed each with a magic gift.

(Music Ends Abruptly)

Abuela : (shouts) "Mirabel!" "What are you doing?"

Mirabel : "Uh, they were just asking about the family and..."

Children : "She was about to tell us about her super awesome Gift!"

Dolores : "Oh, Mirabel didn't get one." (Squeaks)

Children : "You didn't get a Gift?"

Mirabel : "Um,..."

Delivery man : "Mirabel! Delivery! I gave you the special since you're the only Madrigal kid with no Gift. I call it the "Not Special Special" since, uh, you have no Gift."

Mirabel : "Thanks"

(*Encanto*, 00:08:46-00:09:19)

In this scene, Mirabel has changed to be a young girl with no gift. The reality spoke different from the expectation. Actually, Mirabel did not get the super talent since she was a child. From the dialogue above, when some children asked about the gift, Mirabel's cousin Dolores directly told them the truth, "*Mirabel didn't get one*". Then, another statement came from the delivery man, he also knew that Mirabel never had a special gift.

Delivery Man : "Oh, and tell Antonio good luck. The last Gift ceremony was a bummer. Last one being yours, that did not work."

Mirabel : "Uh-huh."

Children : "If I was you, I'd be really sad."

Mirabel : "Well, my little friend, I am not. Because the truth is, Gift or no Gift, I am just as special as the rest of my family."

(*Encanto*, 00:09:21-00:09:38)

Children : "Maybe your Gift is being in denial."

(*Encanto*, 00:09:45)

The scene strengthened the fact that Mirabel did not have a gift at all. The ceremony held in front of many people in the village, so it was not surprisingly if the delivery man already knew about Mirabel. Mirabel looked upset with the delivery utterance, it was shown with the words, "Uh-uh". There, the children's respond did not really help, but Mirabel was confident to tell them that she's proud being one of the magic family. Then, the words, "Maybe your Gift is being in denial" could be one of the reasons for Mirabel to keep strong from people questions. All this time, when someone asked her about the gift, she never answered it right, denying was one way to compensate her feelings of inferiority. The feelings of inferiority appeared because of many people asked her about the miracle, she tried to hide it with not telling the truth. From the situation, it can be concluded that the feelings of inferiority triggered from the external factor such as environment and society. It affected someone's mental health.

- **The Family**

Besides, the family as the internal factor also influenced Mirabel's feeling of inferiority. Parents took control over children, so the parenting techniques that did not correspond to children's expectations were often growing the feelings of inferiority on them.

Abuela : "One hour!"

Mirabel : (Gasps) "Oh (Grunts) No, no, no!"

Abuela : "Maybe you should leave the decorations to someone else?"

Mirabel : "No, I actually made these as a surprise for you. Ooh! Ooh!"

(Chuckles)

Abuela : "Mirabel, I know you want to help. But tonight must go perfectly. The whole town relies on our family, on our Gifts. So, the best way for some of us to help is to step aside. Let the rest of the family do what they do best. Okay?"

Mirabel : "Mm-hmm."

(*Encanto*, 00:11:46-00:12:25)

Julieta : "Mamá, be nice to Mirabel, okay? You know tonight will be hard for her."
Abuela : "If the Gift ceremony doesn't go well this time, tonight will be hard for us all."
(*Encanto*, 00:12:36-00:12:44)

In the quotation above, it took place in front of Abuela's room when Mirabel unconsciously nudged a candle. Then her grandmother, Abuela came to check the job. As like the other family members, Mirabel insisted to help the decoration. But something wrong happened accidentally that made Abuela speak unappropriated to Mirabel. The utterance, "*So, the best way for some of us to help is to step aside. Let the rest of the family do what they do best*" means that Abuela assumed Mirabel as a trouble maker. Abuela did not believed that Mirabel could help properly. It also refers to Mirabel who have not any kind of gift, which made her looked like she would ruin everything. In this case, Mirabel was feeling so sad and thinking that everyone regarded her as a weak person. Even the Abuela utterance did not wrong at all, but it hurt Mirabel.

Discussing about the feelings of inferiority, as Adler said that people often compensate not only for organ inferiorities but also for subjective feelings of inferiority. In Mirabel cases, it categorizes as the subjective feelings of inferiority. Where it makes her mental condition does not go well, unstable emotion and under pressure.

b. Creative Self

Creative self is the individuals' power to realize their desires through creative actions in their daily lives. In this movie, it can be seen in the dialogue below:

(Uplifting Music Plays)

Mirabel : "Wait. How do I save a miracle?"

Casita : (Creaks)

Mirabel : "I figure out what's happening to the miracle. Oh, I have no idea. But there is one person in this family who hears everything about everything."

(*Encanto*, 2021, 00:30:48-00:31:03)

After Mirabel got her fictional finalism, she was back to her room thinking about what she was going to do next. Even though Mirabel was seen reckless and careless, but she used her braveness to solve the family problem she faced. She insisted to find a way saving the miracle. Thus, Mirabel had already used her creative self, where she ran a movement towards a goal. Everyone had freedom to create their lifestyle, including Mirabel.

c. Style of Life

Lifestyles are shaped by human creativity. It refers to how people carry out their life, how to overcome problems, and builds relationships with others. In this movie, it can be seen in the following dialogue:

Mirabel : “Dolores, hey. You know, out of all my older cousins, you're, like, my favorite cousin, so I feel like I can talk to you about anything, ergo you can talk to me about anything. Like the problem with the magic last night that no one seemed to worry about, but maybe you heard about that maybe I should know about.”

(Encanto, 2021, 00:31:10)

Dolores : “The only one worried about the magic is you and the rats talking in the walls. Oh, and Luisa, I heard her eye twitching all night.”

(Encanto, 2021, 00:31:31)

The scene took place in front of the house when the family was preparing for the breakfast. Mirabel went to her first plan to meet Dolores as the one who knew everything in the family. Mirabel hoped she could get the information from her cousin. About the Antonio’s ceremony, Mirabel saw a lot of cracks in Casita (their house), but only her could feel it at that time. So, she asked Dolores about the incident, curious there was something bad happened. Fortunately, the fussy Dolores talked about Luisa, Mirabel’s older sister, who had been twitching since the cracks occurred.

- Luisa : "Um... There is something you should know. Last night, when you saw the cracks, I felt...weak".
- Mirabel : (Hesitating) "wha a what what what?"
- Man : "Luisa! The donkeys!"
- Luisa : "On it!"
- Mirabel : "Wait, wait, wait. What do you mean? What do you think's hurting the magic?"
- Luisa : "Don't know, but I heard the grown-ups once. Before Tío Bruno left, he had, like, some terrible vision about it"
- Mirabel : "Tío Bruno? What was in his vision?"
- Luisa : "No one knows. They never found it. But if something's wrong with the magic, start with Bruno's tower. Find that vision"
- Mirabel : "Wait! How do you find a vision? What am I even looking for?"
- Luisa : "If you find it, you'll know. But be careful. That place is off limits for a reason"
- (Encanto, 2021, 00:37:47-00:38:31)*

The quotation happened when Luisa was doing her job at the village, then Mirabel come to ask her about the twitching. Luisa told Mirabel that she felt weak when the Casita was cracking, but she did not know the reason. Then, the rumor about uncle Bruno left the family was because a strange vision that no one ever knew about it. Luisa suggested Mirabel to find out into Bruno's room that maybe it would be the answer of the problem.

- Bruno : "Yeah, my Gift wasn't helping the family, but, uh, I love my family, you know? I just don't know how to... I just don't know how to... Well, anyway, I think you should go, because, um, I don't really have a good reason, but, if I did, you'd be like, "I should go, because that's a good reason"
- Mirabel : "Why was I in your vision? Tío Bruno? I just wanted to make the family proud of me. Just once. But if I should stop, if I'm hurting my family, just tell me.

Bruno : "I can't tell you...(Mirabel Sighs) ...because I don't know. I had this vision the night that you didn't get your Gift. Abuela worried about the magic. So, she begged me to look into the future. See what it meant. And I saw the magic in danger. Our house breaking. And then, and then, and then, I saw you. But the vision was different. It.. it would change. And there was no one answer. No clear fate. Like your future was undecided. But I knew how it was gonna look. I knew what everyone would think because I'm Bruno and everyone always assumes the worst, so.. (Sighs) so.."

(Encanto, 2021, 00:58:14-00:59:46)

The dialogue above pointed on Bruno's reason why he left the house. At first, Bruno was denying about the truth, he even felt his gift was useless. However, Mirabel was curious about her uncle vision. She urged her uncle to open up the story, because this was the last hope to reveal what was going on with her gift and the magic. In their conversation, Bruno mentioned that his vision about Mirabel was unclear and there was in a worst condition because he could not understand about the relationship between the house cracking and Mirabel's appearance. Bruno's visions were always associated with the negative things and it used to become real.

(Dramatic Music Playing)

(Chittering)

(People Exclaim)

Bruno : "It's just the same thing. I gotta stop!"

Mirabel : "No. I need to know which way it goes. There's gotta be an answer. Something we're not seeing!"

Bruno : "You're looking at the same thing that I am. If there was something else..."

Mirabel : "There! Over there!"

Bruno : "Butterfly! Follow the butterfly!"

Mirabel : "Where is that?"

Bruno : (Hesitating) "It's all out of order. It's the candle. The Candle's getting brighter! I think you're gonna help the candle!"

Mirabel : "How?"

Bruno : "Uh, there's someone with you. And you...You fight her!"

Mirabel : "What?"

Bruno : "Wait, no, no. Is that a hug?"

Mirabel : "Am I fighting or hugging?"

Bruno : "An embrace. An embrace! To make the candle bright you have to embrace her."

Mirabel : "Embrace who?"

Bruno : "Oh... Almost there."

Mirabel : "Who is it?"

Bruno : "Almost there. Oh, oh. I got it!"

Mirabel : (Incredulously) "Isabela?"

Bruno : "Oh, your sister? That's great!"

(Encanto, 2021, 01:03:59-01:05:01)

The quotation above happened in Antonio's room where they were trying to see Bruno's vision again. After take a long time, Bruno agreed to open Mirabel's vision. Although Bruno had told Mirabel the consequent, but she was believed this time would be different. Then in the vision, Bruno could not catch another depiction which was same as before. Trying to concentrate, Mirabel finally found something hiding. She saw a shining butterfly, keep flying and stop over a grass but in somewhere unknown. The scene changed again into the candle which become more brighter by the hugging of two women, it was Mirabel and Isabela. Mirabel shocked knowing the fact that Isabela was in the vision to save the magic.

d. Striving for Superiority

In this stage, Mirabel begins to strive for her goal. Despite many unpleasant things to do, she keeps on going to save the family and the magic. In hopes that the she will make the family proud of her. It can be proven in the following dialogue:

Isabela : "Get out. Everything was perfect. Abuela was happy. The family was happy. You wanna be

a better sister? Apologize for ruining my x v
mlife. Go on. Apologize.”

Mirabel : “I...Am...Sorry”

Isabela : “Hmm.”

Mirabel : “...that your life is so great!”

Isabela : “Out”

Mirabel : “Wait! (GRUNTS) Fine! I apologize! I wasn’t
trying to ruin your life! (GRUNTS) Some of us
have bigger problems, you selfish.....”

Isabela : (GASPS)

Mirabel : “entitled princess!”

Isabela : “Selfish?” I’ve been stuck being perfect my
whole entire life! And literally, the only thing
you have ever done for me is mess things up!

Mirabel : “Nothing is messed up! You can still marry that
big dumb hunk!”

Isabela : “I never wanted to marry him! I was doing it
for the family!”

Mirabel : “Oh, my gosh. Isa, that is a very serious
confession”

(Encanto, 2021, 01:07:22-01:08:33)

The quotation above took place in Isabela’s room when Mirabel did her mission in getting Isabela’s embrace. As it told in the story, the two of them never get along. Mirabel did not like Isabela for her life that was look so perfect and everybody love her. Mirabel thought Isabela was selfish, just trying to be perfect for herself. On the other hand, Isabela felt Mirabel always ruining her life no matter what she was did. In their conversation, neither of them wanted to budge. Until Isabela said the unexpected truth that she had never loved Mariano, her fiancé. As it said in the sentence, “*I never wanted to marry him! I was doing it for the family!*” Everything she did was to make her family proud her.

Isabela : “I just made something unexpected.
Something sharp. Something new”

Mirabel : “Isa? Uh, this is the part where we...”

Isabela : “It's not symmetrical, Or perfect, But it's
beautiful.”

(Encanto, 2021, 01:08:46-01:08:59)

Isabela : “What could I do if I just grew. What I was feeling in the moment?”

Mirabel : “Do you know where you’re going?”

Isabela : “What could I do if I just knew It didn’t need to be perfect? It just needed to be and they let me be”

(Encanto, 2021, 01:09:28-01:09:41)

Isabela : “The way is clearer ‘Cause you’re here. And well I owe this all to you. What else can I do?”

Mirabel : “Show them what you can do”

(Encanto, 2021, 01:011:17-01:11:25)

In this scene, there was a new phenomenon appeared in front of Isabela. She grew a cactus which she had never done before. It was coming out after Isabela telling the truth that she was not happy to marry Mariano. For Isa, that was awkward and far from the word perfect, but it was beautiful. In this case, Isa realized she could grow any plants or flowers based on her feelings. All this time, Isa just showed rows of roses which symbolized a happiness and perfectness. Whereas, actually she did not have to be perfect forever.

In this sentence, “*It just needed to be and they let me be*” mean that she had freedom to express what she wanted to be. A perfectness was not only about being perfect among other people. She could express any kinds of feelings and created what she liked. By this moment, Isa felt so grateful by being her own self. She even thanked to Mirabel who had opened up her mind, it can be proven by the word “*And well I owe this all to you*”. Without Mirabel, Isa could not confess her feelings and finding another version of herself. Then, they were hugging each other where it surprised Mirabel but she was truly glad about it.

Abuela : “Mirabel”

Mirabel : “That's why I'm in the vision! I'm saving the miracle!”

Abuela : “You have to stop, Mirabel! The cracks started with you. Bruno left because of you. (The house cracking). Luisa’s losing her powers.

Isabela's out of control. Because of you! I don't know why you weren't given a Gift, but it is not an excuse for you to hurt this family."

(Encanto, 2021, 01:12:01-01:12:23)

The quotations were taken inside the house, when Abuela came inside after seeing Mirabel and Isabela were singing and running around the house. The house looked messy, so Abuela asked to Mirabel what she had done to her sister. Mirabel trying to talk about saving the miracle, wishing that Abuela will believe her. Mirabel spoke endlessly without noticed Abuela's anger. Then it went to the moment where Abuela could not bear her emotion anymore. Despite of listening about Mirabel explanation, she blamed Mirabel for every problem that already happened in the family. Spoke heartlessly, Abuela said it was Mirabel's fault if the family was destroyed.

Mirabel : "I will never be good enough for you. Will I? No matter how hard I try. No matter how hard any of us tries. Luisa will never be strong enough. Isabela won't be perfect enough. Bruno left our family because you only saw the worst in him.

Abuela : "Bruno didn't care about this family."

Mirabel : "He loves this family. I love this family. We all love this family. You're the one that doesn't care. You're the one breaking our home.

Abuela : "Don't you ever..."

Mirabel : "The miracle is dying, because of you."

Abuela : (Gasps Softly)

(Encanto, 2021, 01:12:37-01:13:26)

After got mocking by Abuela, Mirabel dared to against Abuela by telling her grandmother about her selfishness. In Mirabel's opinion, she and the rest of the family were under control by Abuela. It made everyone in the family must follow Abuela's direction. All of the family members forced to be look perfect in front of the community, which was out of their willing. It can be proven in the sentence, "*Luisa will never be strong enough. Isabela won't be perfect enough. Bruno left our family because you only saw*

the worst in him". Even though Mirabel had explained the family's problem, Abuela still denying. Besides, the sound of house cracking was getting louder. People in the outside were worried and anxious, because the cracks were also run to the road. When Mirabel yelled the words, "*The miracle is dying, because of you*", she was meant to realized Abuela that all the problems occurred caused by Abuela's ego who did not think of others feeling. At the same time, the floor was split widely and went up to the candle while everybody was confused.

Felix : "We gotta get out of here!"
Julieta : "Mirabel! Mirabel!"
Agustin : "Mirabel, we have to get out!"
(*Encanto, 2021, 01:14:19-01:14:23*)

From the quotation above, she was going to be wrecked. With her braveness, Mirabel running towards the candle to save it from the fall. Other members who had the magic gift also trying to help, but their power was gone. While Mirabel, with the help of casita, she did not afraid about the danger. Finally, she was able to reach the candle that was melted and almost died. Then, the house was destroyed and Mirabel fell under the rubble while holding the extinguished candle.

(Crying)
(Sniffling)
(Footsteps Approach)
Abuela : "Mirabel"
Mirabel : (Sniffs, Cries Softly) "I'm sorry. (Cries) I didn't want to hurt us. I just wanted to be something I'm not."
(*Encanto, 2021, 01:17:01-01:17:32*)

Abuela : "I was given a miracle. A second chance. I was so afraid to lose it that I was sight of who our miracle was for. And I am so sorry. You never hurt our family, Mirabel. We are broke because...of me."
Mirabel : "Abuela, I can finally see it. you lost your home. lost everything. You suffered so much, all alone, so it would never happen again. We

were saved because of you. We were given a miracle because of you. We are family, because of you. And nothing could ever be broken that we can't fix it...together."

Abuela : "I asked Pedro for help. Mirabel. He sent me you."

(Encanto, 2021, 01:20:46-01:22:48)

The scene moved to Mirabel who had been crying in front of the river. After the accident, Mirabel escaped to the forest because she felt guilty of what she had done. The family was looking for Mirabel as they worried about her condition. As for Abuela, she searched for and found Mirabel was crying alone. Knowing the attendance of Abuela, Mirabel directly apologized for ruining the family and miracle, even their Casita was crumbled. She just wanted to prove the family that she could make them proud. Imagining if she had the magic, she would never be so hard to herself. The untold story that, Abuela also suffered to protect the miracle. It can be seen in the dialogue, "I was so afraid to lose it that I was sight of who our miracle was for" Abuela did not want losing the miracle again, like she lost her husband Pedro. She became over protective towards it. She realized that in reality, it was not Mirabel's fault at all. It was herself. Then suddenly, Mirabel saw a shining butterfly flied as what the vision showed. Mirabel used this chance to talk to Abuela. Finally, Mirabel could understand what was happening to Abuela, that she was struggle alone to keep the miracle alive. The presence of the family and the miracle in Encanto was also because of Abuela. And it convincing Abuela that Mirabel was indeed sent to protect it. They were hugging each other while the butterfly flies away to the sky along with their community.

(Upbeat Music Playing)

Mirabel : "Look at this home. We need a new foundation. It may seem hopeless. But we'll get by this fine. Look at this family. A glowing constellation. So full of stars. And everybody wants to shine. But the stars don't shine they burn. And the constellations shift. I think it's time you learn. You're more than just your Gift."

Abuela : *"And I'm sorry I held on too tight. Just so afraid I'd lose you too. The miracle is not some magic that you've got."*

All : (Gasps)

Abuela : *"The miracle is you. Not some gift Just you. The miracle is you."*

All : *"All of you. All of you."*

Camilo : *"Okay so we gonna talk about Bruno?"*

Antonio : *"That's Bruno?"*

Bruno : *"Yeah. There's a lot to say about Bruno"*
(Encanto, 2021, 01:24:53-01:26:05)

In this scene, Abuela and Mirabel were making up after misunderstanding about each other. They got back to the village. Everyone in the family was waiting for her coming. Knowing that the Casita had been broken, Mirabel believed it could be rebuilt again if the family worked together. Nothing is impossible since all the members of the family unite. In addition, Mirabel understand that they don't have magical power anymore. The she explained in the sentence, *"But the stars don't shine they burn. And the constellations shift"* that the shining of the stars symbolized human. People would not always be shine and perfect in a whole time, there was time where it would fall and lost in a particular time. So, people had to learn how to overcome their problem in every different situation.

The words, *"You're more than just your Gift"* came out from Mirabel's utterance when she strengthens her sister Luisa for losing her power. Mirabel thought that the family was great with or without the magic. Everybody was special in their own way. On the other side, Abuela also felt she was wrong in expecting the family. She being so hard to all of her family members, in order to protecting the miracle. She realized that the meaning of miracle was not about the gift they had got, but the miracle was the people itself, where it can be proven by the words, *"The miracle is you. Not some gift Just you"*. Mirabel and all the family were gathered around, including Bruno who got his nerve to meet them again.

(Singing)

Bruno : *"You're the real Gift, kid. Let us in."*

Abuela : *"Open your eyes. What do you see?"*

Mirabel : *"I see...me. All of me."*
(*Encanto, 2021, 01:28:56-01:29:18*)

In the last scene, the family and people in town were working together in building the new house. Mirabel looked so happy with the new decoration, even it never be the same as before. Now, everyone believed with the struggle and the process of Mirabel in saving her family. Mirabel was destined to be born without a magical gift. Because actually, she was the real gift that made the family perfect. It can be seen by her utterance when she was holding the doorknob, *"I see...me. All of me"* meant that the magical gift she looked for was herself. She did not have to be someone else, she just had to be herself. Here, Mirabel was successfully achieving what superiority that she wanted in her life to save the miracle, make the family proud, and find the real gift of her that was herself.

From the quotation above, it can be concluded that Mirabel was a good girl who surrounded by trauma in her childhood because of not having a gift, as like the other members of the family. In this case, it triggered the feelings of inferiority that made her felt weak and blaming herself. It became worse with the pressure of the family and uncomfortable environment condition. So, she wanted to prove that she could make her family proud by compensate her feeling of inferiority to strive for superiority. She wanted to be something more in order the family would proud of her existence. From the explanation above, the main character in the story has shown about the process of striving for superiority. From the process itself, the description of self-love has portrayed by Mirabel as the main character. It caused by the internal and external factors. From the internal factor, there is factor of the family. In this case, the main character feels that she less of affection from the family. In her opinion, her family does not love her genuinely because of her weakness. So, she tries to accept her life by loving herself. From the external factor, it influenced by the environment who underestimate her lack because she does not receive the miracle or the gift. So, the form of self-love is kind of defense mechanism to hide the truth.

Conclusion

The first issue is about the personality of the main character Mirabel on the film *Encanto* and the second issue is about the mental process in achieving self-love by the main character. The personality of the main character portrayed by Mirabel. The characteristic of Mirabel as an extrovert person are humble, active girl and also sociable. The mental process in achieving self-love of the Main of Mirabel is about the process of striving for a goal by using Adler's Individual Psychology. The main character Mirabel started to feel inferior because does not have a gift. The pressure from the family and society makes her compensating her feelings of inferiority by doing something that can make the character loves herself more, because lack of love by other people. The main character has a fictional goal to create her own life style with her creative self. In order to reach the goal, there is striving for superiority which show the process of the main character in overcoming her problem and saving the miracle to make the family proud.

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